

La Bandiera



*The Banner
Newsletter of
The Italian Heritage Lodge of Fairfax #2517
Order Sons and Daughters of Italy in America*



**GIUGNO 2024
MESSAGGIO DELLA PRESIDENTESSA**

*Best,
Dawn*



**ORDER SONS & DAUGHTERS OF ITALY IN AMERICA
ITALIAN HERITAGE LODGE #2517
2024-2025 OFFICERS**

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Mistress of Ceremony: Sandy Schender

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Membership Chair: Sharon Peruzzi Strauchs

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Lodge Members Serving on the Grand Council of Virginia:

Joseph Scafetta, Jr., Former State President

Coletta Sciscilo, Trustee

Marianne Hallahan, Arbitration Committee

Lodge State Deputy: Mary Louise Smith

IL CALENDARIO

2 giugno

Festa della Repubblica

	Lunch Bunch	Noon	
15 giugno	Bocce at the Lillo's***	Noon	Hosted by Dennis & Ellie Lillo

16 giugno

Festa del papà

22 giugno	“Cabrini”*	Noon	K of C Hall
22 giugno	Cene e conversazione**	6:00 p.m.	TBD
23 giugno	Grand Lodge of Virginia Quarterly Meeting	11:00 a.m.	Giuseppe Verdi Lodge

4 luglio

Independence Day

14 luglio	Independence Day Brunch*	11:00 a.m.	K of C Hall
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Please note the information for our annual “Bocce at the Lillo’s” which is planned for Saturday, June 15th at noon. See our flyer in this Newsletter for date, time, menu, address, costs, etc. Also, please RSVP by June 10th. *Giochiamo a bocce!*

For those of you who have not seen, or would like to see it again, IHL will present “Cabrini” on Saturday, June 22nd at noon. We will have lunch before the movie, and since the movie is long, we will be taking an intermission break halfway through the movie. The cost will be \$10.00 for lunch.

* RSVP to Dawn Falsinotti (falsinotti@yahoo.com)

** RSVP to Dennis Ferrara (dennisferrara@hey.com)

*** RSVP to Eleanor Lillo (delillo1@verizon.net) BY JUNE 10th

JUNE BIRTHDAYS

Sandy Schender	June 18
Kerri Farrell	June 23
Robert Sherretta	June 25



JUNE ANNIVERSARIES

Karen & Russ DeRose	June 5
Maria & Fred Ingham	June 9
Pam & Richard Pasquariello	June 18
Marilyn Miyasato & Jim Cocco	June 20
Judith & Mario Palmiotto	June 28



***IHL will present a showing of "Cabrini" on
Saturday, June 22 at noon.***

***If you missed the opportunity to see this
stunning movie, or you would like to see it
again, please join us for our own showing at
the Knights of Columbus Hall.***

***Lunch will be served prior to the showing
with a cost of \$10.***

***Please RSVP to President Dawn
(falsinotti@yahoo.com) so we can plan
for lunch and set up!***



Italian Heritage Lodge Language Group

“Cena e Conversazione”

Carissimi,

“Saturday night we met at Peter and Kathleen's Old Town home for a delightful dinner and a bit of Italian conversation. Kathleen appropriately tweaked the usual red, white and green theme to red, white and blue as fit the Memorial Day timing while Peter's tortellini with pesto kept the green from completely vanishing. Conversation covered quite the range: from Dante to the asino who told the time, food and wine, and a bit of play on city names. The pesto primo was followed by an Italian sausage secondo accompanied with crusty Italian bread, fresh green beans and a crispy salad. A great homemade peach torta and coffee capped off the terrific meal. Grazie a tutti for a fun evening. Photo follows.

Next month's get-together will be June 22nd at 6:00 PM. We'll meet in Fairfax if the weather suits outside dining or in Reston if the weather doesn't cooperate. We are looking forward to visiting and talking with the former leaders of our language group, Carlo and Betsy Mignani, as a special attraction of June's meeting. The Language Group's “founder” was former lodge member, Barbara Mancini. She arranged the first meeting and invited fellow lodge members Betsy and Carlo Mignani to attend and help us learn the language. Thereafter, Betsy and Carlo led and continued teaching the group for years until they started writing their guide to Rome.

Un abbraccio,” – contributed by Dennis Ferrara & Joe La Marca

The IHL Language Group customarily meets monthly at a member's home for “cena e conversazione”, so at times participation might be limited, but that format might change with additional interest. Any lodge members who wish to learn and practice Italian with others in the lodge should contact Dennis Ferrara at dennisferrara@hey.com.



Italian



Saturday, May 18



So many great Italian prizes were won by our members – foods, soaps, coffees, and cookies, to name a few - after enjoying pizza from Mamma Lucia. Grazie Tommaso for getting the delicious pizzas to us and to Dawn for the wonderful desserts!



Photographs submitted by Eleanor Lillo

IHL Bocce at the Lillo's



When: Saturday, June 15, 2024

Where: 5104 Colebrook Place
Alexandria, VA 22312

Time: 12:00 PM to 4:00 PM

Hosted by
Eleanor and Dennis Lillo

Menu: Grilled Hamburgers & Hot Dogs with all the Fixings,
Sausage & Peppers, Baked Beans, Potato Salad, Desserts
& Cold Beverages

There will be a charge of \$15 per person for this event.
Make check payable to IHL and mail to 5104 Colebrook Place,
Alexandria, VA 22312.

Please confirm your attendance by June 10th!

**RSVP who will be attending and who will
play in the bocce tournament.**

By email: delillo1@verizon.net

By telephone: (703) 354-2454

**This event is sponsored by the
Italian Heritage Lodge of Fairfax
for Lodge members and their families.**



Come and enjoy the fun!

Sonny's Funnies

INGREDIENTS

- 1 1/2 cups all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon salt
- 1/3 cup unsalted butter melted
- 1 cup granulated sugar
- 2 eggs
- 1/2 teaspoon vanilla extract
- 2 teaspoons fresh grated lemon zest
- 2 tablespoons fresh lemon juice
- 1/2 cup milk
- 1 cup fresh or frozen blueberries
- 1 tablespoon all-purpose flour

Lemon Glaze

- 2 tablespoons butter melted
- 1/2 cup powdered sugar
- 2 tablespoons fresh lemon juice
- 1/2 teaspoon vanilla extract

Lemon Blueberry Bread



INSTRUCTIONS

Preheat oven to 350°F and line the bottom of a 9"x 5" loaf pan with parchment paper (lightly grease with butter). Lightly grease the sides of the pan as well.

In a medium bowl, whisk the flour, baking powder and salt, and set aside.

In the bowl of an electric mixer, blend together the melted butter, sugar, eggs, vanilla, lemon zest and lemon juice. Mix until well combined.

While slowly mixing, add flour mixture and milk in two batches (some flour, then some milk, then the rest of the flour and the rest of the milk). Stop mixing as soon as it's just combined.

Rinse off the blueberries (if using fresh) so they have just a bit of moisture on them, then, in a small bowl toss the blueberries and 1 T. flour. This flour coating will help prevent the blueberries from sinking to the bottom of your loaf while baking.

Add the flour coated berries to the batter and gently but quickly stir, by hand, to combine.

Immediately pour batter into prepared pan and bake for 55-65 minutes, or until a toothpick inserted in the center of the loaf comes out clean. Cool bread in the pan for about 30 minutes, then move to a wire cooling rack with a baking sheet below (to catch the glaze you're about to add).

Prepare glaze by simply whisking together the melted butter, powdered sugar, lemon juice and vanilla, then pour glaze over the loaf. Allow to set a few minutes, then enjoy!

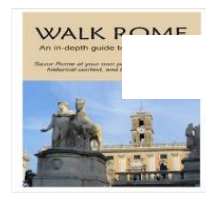
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CARLO AND BETSY MIGNANI have written a valuable guide to assist tourists who want to explore the Eternal City on their own with historical context and timely information. Available on Amazon, search "Walk Rome Mignani." www.walk-rome.com



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